



SPIRULINA

Organic Phytonutrients

Item Code #49601 - Spirulina powder, 16 oz
 Item Code #49602 - Spirulina tablets, 200
 Item Code #49603 - Spirulina tablets, 500

Directions:

Powder: Use ¼ tsp or more in a fruit smoothie or sprinkle on steamed vegetables.

Tablets: Take 6 or more tablets daily for quality nutrition.

Supplement Facts

Serving Size: 6 Tablets (3g)

Servings Per Container: 33

Amount Per Serving	% Daily Value*
--------------------	----------------

Spirulina (<i>Arthrospira platensis</i>) 3g	†
---	---

† Daily value not established

Key Benefits:

- Vegetarian source of protein
- Cleansing and detoxifying
- Excellent source of phytonutrients

What is it?

Spirulina is a blue-green algae that contains an incredible array of nutrients. Spirulina is 70% plant protein and it offers both detoxification and immune support benefits. Its numerous phytonutrients act as powerful antioxidants.

Spirulina is abundant in chlorophyll, which cleanses the body of the toxins and heavy metals we are exposed to every day. It is the most nutritionally complete algae on the planet, and it is easy to make it a part of your diet with RBC Life's Certified Organic tablets and powder.

The Nutritional Gold Mine

Spirulina has a remarkable nutritional profile. It is primarily protein and contains all the essential amino acids, making it a unique vegetarian source of complete protein. Better yet, its protein is 95% digestible so it is the perfect source of high quality protein that's easy on the body. It also contains enzymes, which naturally assist in the digestion process.

Spirulina is one of the highest natural sources for beta-carotene, which is essential for a strong immune system. It is also rich in B vitamins, vitamin E, a highly bioavailable source of iron, and 14 naturally chelated minerals and trace elements.

Spirulina provides nutrition while also being low in fat, calories and cholesterol. It satisfies the appetite, allowing people to reduce their overall consumption. When the body receives proper nutrition, it is far less likely to have an overactive appetite.

How is Spirulina from RBC Life Sciences Unique?

Our Organic Spirulina is cultured in controlled ponds in fresh water. It is supplied necessary nutrients for healthy growth. Paddlewheels stir the water, ensuring even exposure of the algae to the sun. The water is kept alkaline to maximize Spirulina growth and to prevent any other species from growing in the ponds. Spirulina is then pumped into the processing plant where it is screened and washed with fresh water. After drying, a sample is taken from each batch for complete quality assurance and safety testing. You can be assured that RBC Life Sciences offers you only safe, high quality Spirulina products.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.