



## MICROHYDRIN®

Energy, Endurance, Recovery and  
Powerful Antioxidant Protection

Item #1544 – 60 caps  
Item #15442 – 120 caps

### Directions:

Take 2 capsules twice per day for antioxidant protection and pH balance. Athletes enjoy taking Microhydrin just before their workout for more energy, greater endurance and faster muscle recovery.

Supplement Facts		
Serving Size: 2 Capsules		
Servings Per Container: 30		
Amount Per Serving	% Daily Value**	
Vitamin C (as ascorbic acid)	30 mg	50%
Microhydrin® (a Proprietary Blend)	600 mg	†
Potassium carbonate, potassium citrate, silica, magnesium ascorbate, purified water, calcium hydroxide, mannitol, magnesium sulfate, sunflower seed oil.		
† Daily Value not established.		
** Percent Daily Values are based on a 2,000 calorie diet.		

**Other Ingredients:** Rice flour, vegetable capsule (hypromellose, titanium dioxide), rice oil, magnesium stearate

### Key Benefits:

- Energy and endurance\*
- Reduced soreness after exercise\*
- Helps balance the body's pH\*
- Powerful antioxidant protection\*

### What is it?

Microhydrin is a powerful antioxidant that supplies the body with electrons to help create energy, enhance endurance, balance pH and speed recovery.\*

### Natural Energy Boost

Microhydrin enhances the process of generating ATP, which is your main source of energy. Producing energy on a cellular level will help you feel your best whether you are an athlete or just need to keep up with the demands of a busy life. Microhydrin also brings oxygen into your cells and reduces the lactic acid produced during exercise, which reduces sore muscles and speeds recovery time.

### Antioxidant Activity

Research shows that Microhydrin provides powerful protection from free radical damage. While taking 4 capsules of Microhydrin a day, subjects showed a 43% increase in free radical protection compared to the placebo group.

Free radicals are unstable compounds our bodies generate every day. These compounds have lost an electron and they can steal electrons damaging normal, healthy cells. Poor eating, pollution and stress can lead to a dangerous increase in the number of free radicals.

### Balancing pH

Most of us tend to have an overly acidic pH due to improper food combining, pollution and the consumption of processed foods. When eight patients took 4 capsules of Microhydrin per day for 18 days, their saliva and urine pH both improved. Microhydrin raises the pH (power of Hydrogen) and helps create a healthier cellular environment. Within the proper pH range, the body can exercise its amazing capacity to restore itself.

### Unique Mineral-Based Antioxidant

Microhydrin is a unique compound of silica and hydrogen ions that contain loosely bound extra electrons. The electrons are freely given to neutralize free radicals. Microhydrin is unique because hydrogen, being the smallest element, can provide more electrons than any other antioxidant known.\*

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.