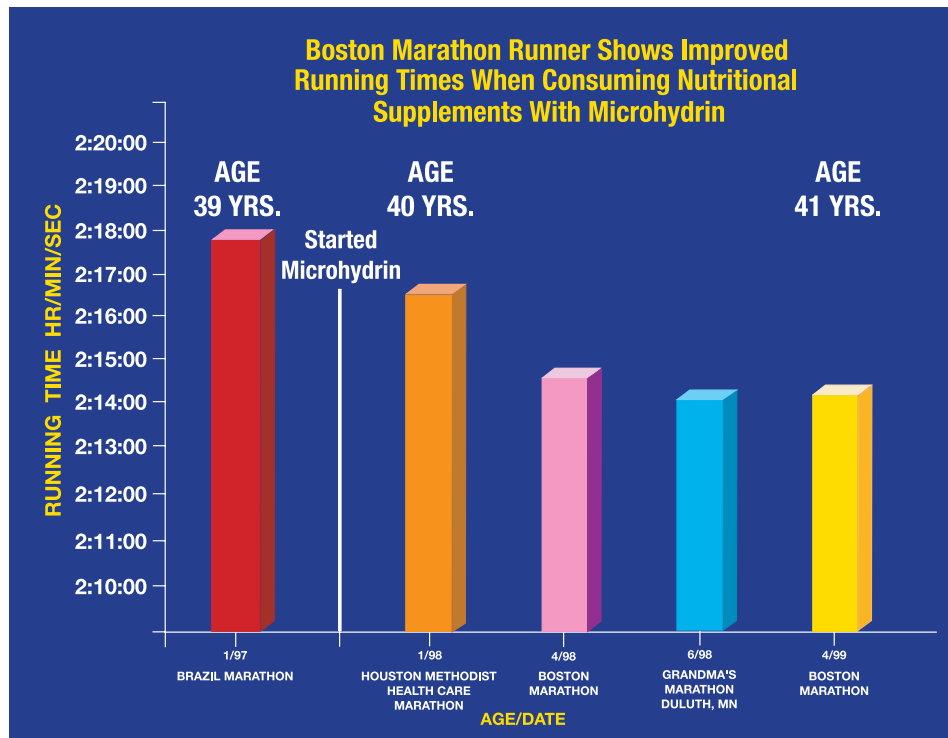


Aging Marathon Runner Using Microhydrin® Improves Time

In January 1997, at age 39, Andrey Kusnetzov ran the Brazil Marathon in 2 hr. 17 min. and 52 sec. The following December, he added Microhydrin to his daily supplement regime, taking two capsules with a third capsule opened into his glass of water each morning and again each evening. In January, he ran 2 minutes faster, winning first place in the Masters Division (Age 40+) at the Houston Methodist Marathon. The following April 1998, he continued to improve his time and won the Boston Marathon Masters. One year later, at age 41, in a field of 12,000 runners, he again won the Boston Marathon Masters in a faster time of 2 hr. 14 min. and 20 sec., despite higher wind and heat which



caused other top runners to finish with slower times than in the previous year. Following the race, RBC's medical director entered the recovery room where exhausted runners collapsed on cots and were treated for fainting, hyperthermia, and vomiting. Andrey remained standing, relaxed, and appeared unaffected by the run.